

Physician's Guide to Genetic Services

Your health system has partnered with InformedDNA® to provide expert genetic counseling services for your patients. Their board-certified and licensed genetic counselors offer convenient, virtual genetic counseling, follow national and best practice guidelines for genetic testing recommendations, and support your patients through each step of the process.

Why Recommend Genetic Counseling & Testing?

Assess Risk

Identify an individual's predisposition to certain diseases and conditions

Personalize Medicine

Tailor your treatment plan to your patient's specific genetic profile

Intervene Early

Get ahead of genetic disorders or conditions that may otherwise have gone undetected

To determine if your patient meets national and/or best practice guidelines for a genetic risk assessment and counseling appointment, patients can self-complete these specialty-specific questionnaires in your office. If a patient answers **YES** to any question, they qualify for a referral. Please contact your account manager for a specialty-specific Risk Assessment Form.

Refer Your Patient

To refer a patient for genetic counseling, please use this link: refer.informeddna.com and complete all necessary information, including insurance information and any relevant medical records.

InformedDNA will contact your patient to set up their initial telehealth genetic counseling appointment. Appointments are available days, evenings, and weekends.

To prepare and inform your patient, tell them you are referring them for genetic counseling with InformedDNA, to expect a phone call and email, and provide them with the 'Your Provider Referred you for Genetic Counseling' handout.

Scheduling



Patients will be contacted within two business days of receipt of the referral and offered a telehealth consultation within 5-10 business days.



For urgent treatment decisions, patients will be contacted the same day a referral is received and offered an appointment within 1-4 business days.



Patients will be given secure access to InformedDNA's Patient Portal, where they can manage their appointments, provide personal & family history and sign consent forms.

What To Expect from the Genetic Counseling Appointment

- At the scheduled time, your patients will log in to their secure telehealth visit with their assigned genetic counselor.
- Appointments on average take about 40-60 minutes.
- The genetic counselor assesses the personal and family history, determines what genetic conditions the patient may be at risk for, discusses testing.

Cost/Billing

- **Genetic Counseling costs:** InformedDNA will bill the patient's in-network health plan and collect any copay and coinsurance. We are in network with many nationwide health insurances, as well as many regional insurances.
- InformedDNA does not bill out of network insurances, and instead patients are billed a self pay rate per appointment: \$249 for the initial consultation and \$99 for the follow up appointment.
- **Genetic Testing costs:** Billed separately by the reference lab directly to the patients' insurance. The genetic counselor will discuss this process with the patients during the appointment.

The Genetic Testing Process

- 1 If genetic testing is being pursued,** a pre-test consult note and pedigree will be sent to you. This note outlines the clinical recommendation and specific test being pursued by the patient.
 - Typically no action items are needed by the provider.
 - InformedDNA's genetic counselors submit prior authorizations for our in-network insurance companies, and the consult note serves as a letter of medical necessity for the reference lab.
- 2 Test Facilitation Steps**
 - If genetic testing is elected, InformedDNA's team will submit the test order to the reference lab with the referring provider as the ordering healthcare provider*.
 - A saliva collection kit will be sent directly to the patient's home by the lab; the patient will collect the sample and return it to the lab in a pre-paid envelope/box.
 - Test results are sent directly from the lab to both the referring provider and InformedDNA within two to three weeks of receiving the sample.
- 3** InformedDNA provides results disclosure via a post-test telehealth genetic counseling appointment, results interpretation, support and management discussion with the patient.
- 4 If no testing is pursued, or a post-test genetic counseling appointment has occurred,** a summary report and pedigree will be sent to the referring provider via fax, and to the patient through InformedDNA's secure portal.
 - This note outlines the clinical assessment, test results (if pursued), interpretation, risks and management recommendations based on best practice guidelines.
 - All cancer specialty appointments will include for unaffected women a breast cancer risk assessment.

* Lab is chosen based on the patient's insurance and the best test for the condition. If there is a preferred laboratory, or if the provider wishes to facilitate testing, please indicate this on the referral form.

About InformedDNA

For over 16 years, InformedDNA has been an unrivaled leader in genetic counseling. Founded in 2007, our staff of over 55 board-certified genetic experts completes an average of 19,000 genetic counseling sessions per year. Our patient-centric, virtual counseling approach ensures every patient is treated with compassion and respect — and no questions are left unanswered. With a 97% patient satisfaction score, we are proud to make a difference for patients and their families.